

STEVEN KAY
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LICENCE	1999	Licensed Psychologist, State of Utah, License # 99-376632-2501	
EDUCATION	1998	Psy.D. Clinical Psychology	ROSEMEAD SCHOOL OF PSYCHOLOGY Biola University, La Mirada, California APA Approved Doctoral Program
	2007	MBA, Business Administration	UNIVERSITY OF UTAH Salt Lake City, Utah
	1995	M.A. Clinical Psychology	ROSEMEAD SCHOOL OF PSYCHOLOGY
	1993	B.A. Psychology	BIOLA UNIVERSITY La Mirada, California, 1991-1993
	1989-1991		CALIFORNIA STATE UNIVERSITY, NORTHRIDGE. Northridge, California.
CLINICAL EMPLOYMENT		<i>Kay Psychological and Consulting Services, P.C. Layton, Utah</i> <u>2006 – Present: Clinical Psychologist</u> <ul style="list-style-type: none">• Providing psychological treatment services to adults, adolescents and couples for issues such as depression, anxiety, relationship difficulties, and workplace stress.• Providing executive coaching services for business managers and leaders seeking professional, personal, and career growth and advancement.• Providing Psychological Evaluation services in the areas of intellectual and personality assessment, developmental and learning disabilities, workplace and domestic violence risks, and employee selection. <i>Cornerstone Counseling Center Salt Lake City, Utah</i> <u>2004-2006: Clinical Director</u> <ul style="list-style-type: none">• Responsible for clinical administration of all adult, adolescent, and child treatment and prevention services delivered by non-profit agency with operating budget of approximately \$3 million and 50 employees.• Directly supervise 5 clinical program managers, 1 clinical records specialist, and 2 psychology residents.• Responsible for establishing, reviewing, and monitoring clinical policies and procedures, leadership in grant-writing efforts, and other functions related to the clinical operation of the agency.• Serve as agency's change leader for agency process improvement initiative funded by the Robert Wood Johnson Foundation. <u>2005: Interim Executive Director</u> <ul style="list-style-type: none">• Guided agency in identifying and recruiting a new executive director while fulfilling interim executive director duties.• Worked to create a Board of Trustees Executive Director Search Committee, and participated in the interviewing of candidates and hiring of the new Executive Director.	

2000-2004: Director, Adult Clinical Services

- Responsible for clinical administration of adult treatment services unit, which included domestic violence, substance abuse, and general mental health treatment.
- Responsible for contract management, grant-writing, and supervision of clinical team leaders.

1999-2000: Director, Domestic Violence Treatment Program

- Administered a domestic violence treatment program for perpetrators, victims, and child-witnesses of domestic violence.
- Responsible for providing administrative supervision to a team of seven clinicians. Provided practicum/internship student clinical supervision.

1998-1999: Staff Therapist

- Provided domestic violence treatment services to perpetrators, victims, and child witness of domestic violence.

Private Practice***Salt Lake City, Utah***2000-2004

- Maintained a part-time private practice specializing in psychological assessment as well as treatment of men's issues and couples/marital conflict.

Advanced Behavioral Care***Salt Lake City, Utah***1998-1999: Staff Therapist

- Provided clinical evaluation and treatment services to geriatric residents of residential care facilities.
- Provided consultation and training services to staff of care facilities.

**ACADEMIC
EMPLOYMENT*****University of Utah******Salt Lake City, Utah***1999-2006: Auxiliary Faculty Instructor

- Providing clinical supervision services for Master's-track and Doctoral-track students completing practica or internships at Cornerstone Counseling Center.

University of Phoenix***Salt Lake City, Utah***1999-present: Adjunct Faculty Instructor

- Providing clinical supervision as a faculty supervisor for students completing internships at various settings.
- Instruct courses on psychometrics.

Rosemead School of Psychology, Biola University***La Mirada, California***1996-1997: Case Supervisor

- Provided supervision for graduate students enrolled in course on psychodynamic psychotherapy.

1996: Adjunct Faculty Member

- Instructed an undergraduate Experimental Psychology course focusing on experimental design and analysis.

1996: Library Readership

- Read, reviewed, and critiqued dissertations and doctoral papers for Ph.D. and Psy.D. doctoral candidates as part of dissertation completion process.
- Adherence to APA style, proper dissertation format, proper expression of statistics and statistical procedures, grammar, and spelling were major areas of focus for this review.

1995-1997: Assessment Supervisor: Measurement and Assessment II and III

- Instructed graduate students in administering, scoring, and interpreting the MMPI-2, MCMI-III, TAT, Rorschach (Exner System) and other tests.
- Evaluated student's cognitive and personality assessment batteries required for class.

1995-1997: Laboratory Instructor: Experimental Psychology

- Instructed a one-hour, fifteen-week lab course in psychological research design and statistical methods.
- Responsible for lecturing, grading, and implementation of computer experimental simulator as well as computerized statistical package (SPSS).

1994-1997: Laboratory Instructor: Learning and Memory

- Instructed a three-hour, fifteen-week lab course in operant conditioning experimentation with animal subjects.
- Responsible for supervising experimentation, lecturing, and grading.

**CLINICAL
INTERNSHIP*****Mountain Regional Services / Cornerstone Behavioral Health
Evanston, Wyoming***1997-1998

- Year-long clinical experience with a wide variety of populations, including: developmentally disabled, substance abuse, and forensic clientele.
- Conducted 16 to 20 hours of individual and group psychotherapy per week.
- Performed average of 2-3 psychological evaluations and substance abuse evaluations each month.

**SUPERVISED
CLINICAL
PRACTICA*****Los Angeles County-USC Medical Center******Los Angeles, California***1996-1997

- Responsibilities included intellectual, personality, and neuropsychological assessment of adolescent and adult inpatients of a county facility.

Biola Counseling Center***La Mirada, California***1995-1996

- Practicum student at an outpatient, university counseling center that served both student and community clientele.
- Responsible for treatment of adolescents and adults through both long-term and short-term individual psychotherapy.

Harbor-UCLA Medical Center, HIV Mental Health Services***Torrance, California***1995

- Participated in an HIV inpatient/outpatient rotation as a psychology extern.
- Performed neuropsychological screening batteries for HIV positive patients, wrote reports, and provided recommendations and referrals.

Hacienda-La Puente Unified School District***La Puente High School, Orange Grove Middle School******La Puente, California***1994-1995

- Conducted individual and group psychotherapy, as well as case intakes, with high school adolescents.

**PROFESSIONAL
AFFILIATIONS**

American Psychological Association, Member, 1998 to present

Association of Behavioral Health Managers, 2000 to present

National Register of Health Service Providers in Psychology: Registrant # 50517

Network for the Improvement of Addictions Treatment (Collaborative Project of the Robert

Wood Johnson Foundation and the U.S. Substance Abuse and Mental Health Services Administration, SAMHSA), Change Leader, 2003 to present.
 Utah Domestic Violence Advisory Council, Treatment Subcommittee, 1999 to present
 Utah Psychological Association, Member, 1999 to present.
 Utah Substance Abuse and Violence Prevention Council, Treatment Committee, 2000-2002

**PUBLICATION
AND
PRESENTATIONS
(PEER
REVIEWED)**

Carter, L., Kay, S., George, J., & King, P. (2003). Treating Children Exposed to Domestic Violence. Journal of Emotional Abuse, 3, pp 183-202.

Kay, S., and Smid, S (2005). Addressing the abuse of children and adolescents in treatment. Presentation to the Critical Issues in Children and Adolescents Conference. Salt Lake City, Utah.

Kay, S, and Rich, M, (2004). Increasing retention and reducing no-shows in Intensive Outpatient Treatment. Presentation to Network for Improvement in Addictions Treatment Learning Session, sponsored by the Robert Wood Johnson Foundation and the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA), Salt Lake City, Utah.

Kay, S (2004, January). Domestic Violence Treatment: Concepts and Goals. Presentation to Healing From Violence: Victim No More: Ninth Annual Intermountain Health Care Urban Central Region Women=s Mental Health Task Force. Salt Lake City, Utah.

Kay, S., Seashore, K. (2001, September). Violent Personalities: A Review of the Literature on Domestic Violence Perpetrator Typologies. Presentation to the Utah Domestic Violence Advisory Council Treatment Conference. Provo, Utah.

Carter, L., Kay, S., George, J. & King, P. (2000, September). Treating Children Who Witness Domestic Violence: Treatment Techniques and Research. Presentation to the Fifth International Conference on Family Violence. San Diego, California.

Carter, L. Kay, S., & George, J., (1999, September). Treating Child Witnesses of Domestic Violence. Presentation to the Utah Domestic Violence Advisory Council Treatment Conference. Park City, Utah.

Kay, S. & Carter, L. (1999, September). Treating Child Witnesses of Domestic Violence. Presentation to the Critical Issues in Children & Adolescents Conference, Salt Lake City, Utah.

**GRANTS &
PROPOSALS
AWARDED**

(2005) Salt Lake County Division of Substance Abuse Services, General, Women's and Youth Substance Abuse Treatment Services, \$818,000

(2005) Salt Lake County Division of Community and Economic Development, Social Services Block Grant, General Mental Health Treatment \$20,000

(2005) State of Utah, Department of Human Services, Adult Domestic Violence Treatment, \$225,489

(2005) Utah Department of Health, Prevention Case Management Services, \$30,000

(2004) Robert Wood Johnson Foundation, Paths to Recovery: Network for Improvement of Addictions Treatment, \$129,960.

(2003) United Way of Salt Lake City, Prevention for Children of Substance Abusing Mothers, \$16,667

(2003) United Way of Salt Lake City, Substance Abuse Treatment - Adults, \$21,149

(2003) United Way of Salt Lake City, Domestic Violence Treatment - Adult Victims, \$45,005

(2003) United Way of Salt Lake City, Domestic Violence Treatment - Adult Perpetrators, \$16,920

(2003) Department of Workforce Services, Mental Health Services for TANF Customers, \$33,333

(2002) State of Utah, Department of Human Services, Domestic Violence Treatment Services, \$264,672.

(2002) Salt Lake County Division of Substance Abuse Services, General and Women's Substance Abuse Treatment Services, \$579,086

(2002) State of Utah, Department of Human Services, Children Exposed to Domestic Violence, \$50,000.

(2001) State of Utah, Department of Workforce Services, Enhancing Availability, Affordability and Quality of Infant/Toddler Childcare, \$10,798.

(2001) State of Utah, Department of Human Services, Children Exposed to Domestic Violence, \$20,000

(2000) State of Utah, Office of Crime Victim Reparation, Child Witnesses of Domestic Violence, \$16,788

**GRANTS
SUBMITTED &
NOT FUNDED**

(2005) Salt Lake County Division of Community and Economic Development, Social Services Block Grant, Domestic Violence Victim Treatment

(2003) Salt Lake County Division of Substance Abuse Services, DUI Assessment and Referral Services.

(2003) United States District Court, District of Utah, Office of Probation and Pretrial Services, Mental Health Services.

(2000) Office of Crime Victim Reparations, Violence Against Women Grant, Domestic Violence Victim Treatment Services.